



HOLOGRAPHIC THEORY relates one set of physical laws acting in a volume with a different set of physical laws acting on a boundary surface, as represented here by the juggler and her colorful two-dimensional image. The surface laws involve quantum particles that have “color” charges and interact very like the quarks and gluons of

standard particle physics. The interior laws are a form of string theory and include the force of gravity (experienced by the juggler), which is hard to describe in terms of quantum mechanics. Nevertheless, the physics on the surface and in the interior are completely equivalent, despite their radically different descriptions.

# The Illusion of Gravity

The force of gravity and one of the dimensions of space might be generated out of the peculiar interactions of particles and fields existing in a lower-dimensional realm

By Juan Maldacena

Three spatial dimensions are visible all around us—up/down, left/right, forward/backward. Add time to the mix, and the result is a four-dimensional blending of space and time known as spacetime. Thus, we live in a four-dimensional universe. Or do we?

Amazingly, some new theories of physics predict that one of the three dimensions of space could be a kind of an illusion—that in actuality all the particles and fields that make up reality are moving about in a two-dimensional realm like the Flatland of Edwin A. Abbott. Gravity, too, would be part of the illusion: a force that is not present in the two-dimensional world but that materializes along with the emergence of the illusory third dimension.

Or, more precisely, the theories predict that the number of dimensions in reality could be a matter of perspective: physicists could choose to describe reality as obeying one set of laws (including gravity) in three dimensions or, equivalently, as

obeying a different set of laws that operates in two dimensions (in the absence of gravity). Despite the radically different descriptions, both theories would describe everything that we see and all the data we could gather about how the universe works. We would have no way to determine which theory was “really” true.

Such a scenario strains the imagination. Yet an analogous phenomenon occurs in everyday life. A hologram is a two-dimensional object, but when viewed under the correct lighting conditions it produces a fully three-dimensional image. All the information describing the three-dimensional image is in essence encoded in the two-dimensional hologram. Similarly, according to the new physics theories, the entire universe could be a kind of a hologram [see “Information in the Holographic Universe,” by Jacob D. Bekenstein; *SCIENTIFIC AMERICAN*, August 2003].

The holographic description is more than just an intellectual or philosophical curiosity. A computation that might be

very difficult in one realm can turn out to be relatively straightforward in the other, thereby turning some intractable problems of physics into ones that are easily solved. For example, the theory seems useful in analyzing a recent experimental high-energy physics result. Moreover, the holographic theories offer a fresh way to begin constructing a quantum theory of gravity—a theory of gravity that respects the principles of quantum mechanics. A quantum theory

mechanics was first developed to describe the behavior of particles and forces in the atomic and subatomic realms. It is at those size scales that quantum effects become significant. In quantum theories, objects do not have definite positions and velocities but instead are described by probabilities and waves that occupy regions of space. In a quantum world, at the most fundamental level everything is in a state of constant flux, even “empty” space, which is in fact

tivity and deduce the curvature of spacetime and from that deduce the effects of gravity on the objects’ trajectories. Furthermore, empty spacetime is perfectly smooth no matter how closely one examines it—a seamless arena in which matter and energy can play out their lives.

The problem in devising a quantum version of general relativity is not just that on the scale of atoms and electrons, particles do not have definite locations and velocities. To make matters worse,

## A quantum theory of gravity will probably provide us with an entirely new perspective on what spacetime is.

of gravity is a key ingredient in any effort to unify all the forces of nature, and it is needed to explain both what goes on in black holes and what happened in the nanoseconds after the big bang. The holographic theories provide potential resolutions of profound mysteries that have dogged attempts to understand how a theory of quantum gravity could work.

### A Difficult Marriage

A QUANTUM THEORY of gravity is a holy grail for a certain breed of physicist because all physics except for gravity is well described by quantum laws. The quantum description of physics represents an entire paradigm for physical theories, and it makes no sense for one theory, gravity, to fail to conform to it. Now about 80 years old, quantum me-

chanics was first developed to describe the behavior of particles and forces in the atomic and subatomic realms. It is at those size scales that quantum effects become significant. In quantum theories, objects do not have definite positions and velocities but instead are described by probabilities and waves that occupy regions of space. In a quantum world, at the most fundamental level everything is in a state of constant flux, even “empty” space, which is in fact

filled with virtual particles that perpetually pop in and out of existence. In contrast, physicists’ best theory of gravity, general relativity, is an inherently classical (that is, nonquantum) theory. Einstein’s magnum opus, general relativity explains that concentrations of matter or energy cause spacetime to curve and that this curvature deflects the trajectories of particles, just as should happen for particles in a gravitational field. General relativity is a beautiful theory, and many of its predictions have been tested to great accuracy.

In a classical theory such as general relativity, objects have definite locations and velocities, like the planets orbiting the sun. One can plug those locations and velocities (and the masses of the objects) into the equations of general rela-

at the even tinier scale delineated by the Planck length ( $10^{-33}$  centimeter), quantum principles imply that spacetime itself should be a seething foam, similar to the sea of virtual particles that fills empty space. When matter and spacetime are so protean, what do the equations of general relativity predict? The answer is that the equations are no longer adequate. If we assume that matter obeys the laws of quantum mechanics and gravity obeys the laws of general relativity, we end up with mathematical contradictions. A quantum theory of gravity (one that fits within the paradigm of quantum theories) is needed.

In most situations, the contradictory requirements of quantum mechanics and general relativity are not a problem, because either the quantum effects or the gravitational effects are so small that they can be neglected or dealt with by approximations. When the curvature of spacetime is very large, however, the quantum aspects of gravity become significant. It takes a very large mass or a great concentration of mass to produce much spacetime curvature. Even the curvature produced near the sun is exceedingly small compared with the amount needed for quantum gravity effects to become apparent.

Though these effects are completely negligible now, they were very important in the beginning of the big bang, which is why a quantum theory of gravity is needed to describe how the big

## Overview/*Equivalent Worlds*

- According to a remarkable theory, a universe that exists in two dimensions and is without gravity may be completely equivalent to a three-dimensional universe with gravity. The three-dimensional universe would emerge from the physics of the two-dimensional universe somewhat like a holographic image arising from a hologram.
- The two-dimensional universe exists on the boundary of the three-dimensional universe. The physics on the boundary looks like strongly interacting quarks and gluons. The physics on the interior includes a quantum theory of gravity—something that string theorists have been developing for decades.
- The equivalence provides a new way to understand properties of black holes, which require a suitable melding of quantum mechanics and gravity. The mathematics of the theory has not yet been rigorously proved, but it seems useful in analyzing a recent experimental high-energy physics result.

bang started. Such a theory is also important for understanding what happens at the center of black holes, because matter there is crushed into a region of extremely high curvature. Because gravity involves spacetime curvature, a quantum gravity theory will also be a theory of quantum spacetime; it should clarify what constitutes the “spacetime foam” mentioned earlier, and it will probably provide us with an entirely new perspective on what spacetime is at the deepest level of reality.

A very promising approach to a quantum theory of gravity is string theory, which some theoretical physicists have been exploring since the 1970s. String theory overcomes some of the obstacles to building a logically consistent quantum theory of gravity. String theory, however, is still under construction and is not yet fully understood. That is, we string theorists have some approximate equations for strings, but we do not know the exact equations. We also do not know the guiding underlying principle that explains the form of the equations, and there are innumerable physical quantities that we do not know how to compute from the equations.

In recent years string theorists have obtained many interesting and surprising results, giving novel ways of understanding what a quantum spacetime is like. I will not describe string theory in much detail here [see “The String Theory Landscape,” by Raphael Bousso and Joseph Polchinski; *SCIENTIFIC AMERICAN*, September 2004] but instead will focus on one of the most exciting recent developments emerging from string theory research, which led to a complete, logically consistent, quantum description of gravity in what are called negatively curved spacetimes—the first such description ever developed. For these spacetimes, holographic theories appear to be true.

## Negatively Curved Spacetimes

ALL OF US are familiar with Euclidean geometry, where space is flat (that is, not curved). It is the geometry of figures drawn on flat sheets of paper. To a very

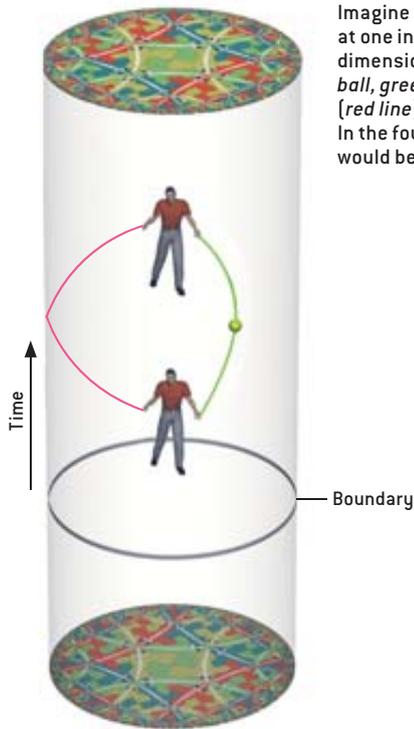


HYPERBOLIC SPACE is depicted in this M. C. Escher drawing (*above*). Each fish is actually the same size, and the circular boundary is infinitely far from the center of the disk. The projection from true hyperbolic space to this representation of it squashes the distant fish to fit the infinite space inside the finite circle. Drawn without that squashing effect, the space is wildly curved, with each small section (*below*) being somewhat like a saddle shape with extra folds.

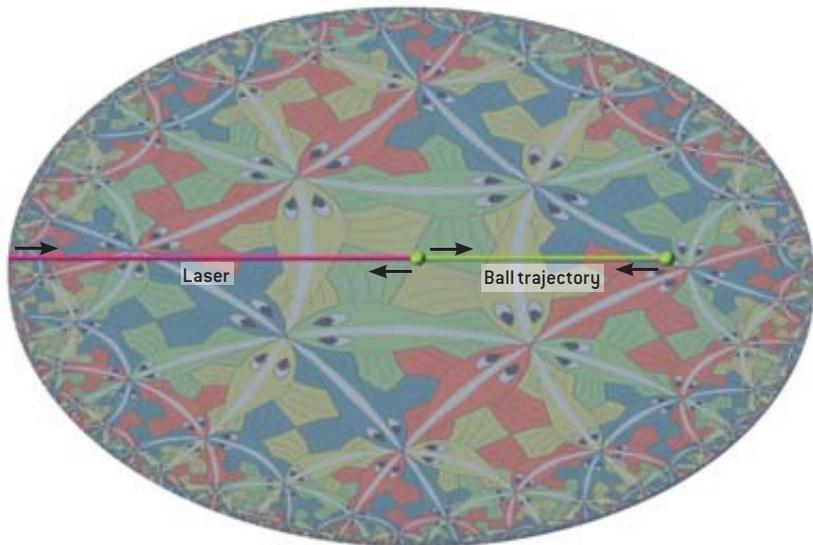


## NEGATIVELY CURVED SPACETIME

The holographic theory involves a negatively curved spacetime known as anti-de Sitter space.



Imagine disks of hyperbolic space stacked atop one another, each representing the state of the universe at one instant. The resulting cylinder is three-dimensional anti-de Sitter space in which the height dimension represents time. Physics operates strangely in such a spacetime: a particle (such as a tennis ball, green line) thrown away from the center always falls back in a fixed period of time, and a laser beam (red line) can travel to the boundary of the universe and back in that same interval. In the four-dimensional version, which would be more like our universe, the boundary for each instant would be a sphere instead of a circle.



good approximation, it is also the geometry of the world around us: parallel lines never meet, and all the rest of Euclid's axioms hold.

We are also familiar with some curved spaces. Curvature comes in two forms, positive and negative. The simplest space with positive curvature is the surface of a sphere. A sphere has constant positive curvature. That is, it has the same degree of curvature at every location (unlike an egg, say, which has more curvature at the pointy end).

The simplest space with negative curvature is called hyperbolic space, which is defined as space with constant negative curvature. This kind of space has long fascinated scientists and artists alike. Indeed, M. C. Escher produced several beautiful pictures of hyperbolic space, one of which is shown on the preceding page. His picture is like a flat map of the space. The way that the fish become smaller and smaller is just an artifact of how the curved space is squashed to fit on a flat sheet of paper, similar to the way that countries near

the poles get stretched on a map of the globe (a sphere).

By including time in the game, physicists can similarly consider spacetimes with positive or negative curvature. The simplest spacetime with positive curvature is called de Sitter space, after Willem de Sitter, the Dutch physicist who introduced it. Many cosmologists believe that the very early universe was close to being a de Sitter space. The far future may also be de Sitter-like because of cosmic acceleration. Conversely, the simplest negatively curved spacetime is called anti-de Sitter space. It is similar to hyperbolic space except that it also contains a time direction. Unlike our universe, which is expanding, anti-de Sitter space is neither expanding nor contracting. It looks the same at all

times. Despite that difference, anti-de Sitter space turns out to be quite useful in the quest to form quantum theories of spacetime and gravity.

If we picture hyperbolic space as being a disk like Escher's drawing, then anti-de Sitter space is like a stack of those disks, forming a solid cylinder [see box above]. Time runs along the cylinder. Hyperbolic space can have more than two spatial dimensions. The anti-de Sitter space most like our spacetime (with three spatial dimensions) would have a three-dimensional "Escher print" as the cross section of its "cylinder."

Physics in anti-de Sitter space has some strange properties. If you were freely floating anywhere in anti-de Sitter space, you would feel as though you were at the bottom of a gravitational

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well. Any object that you threw out would come back like a boomerang. Surprisingly, the time required for an object to come back would be independent of how hard you threw it. The difference would just be that the harder you threw it, the farther away it would get on its round-trip back to you. If you sent a flash of light, which consists of photons moving at the maximum possible speed (the speed of light), it would actually reach infinity and come back to you, all in a finite amount of time. This can happen because an object experiences a kind of time contraction of ever greater magnitude as it gets farther away from you.

## The Hologram

ANTI-DE SITTER SPACE, although it is infinite, has a “boundary,” located out at infinity. To draw this boundary, physicists and mathematicians use a distorted length scale similar to Escher’s, squeezing an infinite distance into a finite one. This boundary is like the outer circumference of the Escher print or the surface of the solid cylinder I considered earlier. In the cylinder example, the boundary has two dimensions—one is space (looping around the cylinder), and one is time (running along its length). For four-dimensional anti-de Sitter space, the boundary has two space dimensions and one time dimension. Just as the boundary of the Escher print is a circle, the boundary of four-dimensional anti-de Sitter space at any moment in time is a sphere. This boundary is where the hologram of the holographic theory lies.

Stated simply, the idea is as follows: a quantum gravity theory in the interior of an anti-de Sitter spacetime is completely equivalent to an ordinary quantum particle theory living on the boundary. If true, this equivalence means that we can use a quantum particle theory (which is relatively well understood) to define a quantum gravity theory (which is not).

To make an analogy, imagine you have two copies of a movie, one on reels of 70-millimeter film and one on a DVD. The two formats are utterly different, the first a linear ribbon of celluloid with each frame recognizably related to scenes of the movie as we know it, the

second a two-dimensional platter with rings of magnetized dots that would form a sequence of 0s and 1s if we could perceive them at all. Yet both “describe” the same movie.

Similarly, the two theories, superficially utterly different in content, describe the same universe. The DVD looks like a metal disk with some glints of rainbowlike patterns. The boundary particle theory “looks like” a theory of particles in the absence of gravity. From

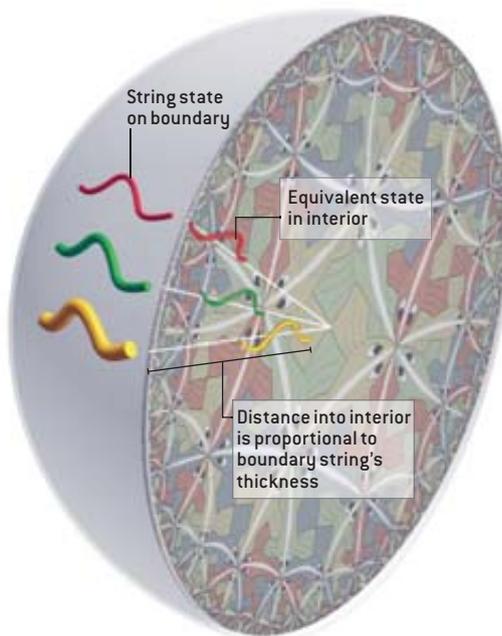
the DVD, detailed pictures emerge only when the bits are processed the right way. From the boundary particle theory, quantum gravity and an extra dimension emerge when the equations are analyzed the right way.

What does it really mean for the two theories to be equivalent? First, for every entity in one theory, the other theory has a counterpart. The entities may be very different in how they are described by the theories: one entity in the interior

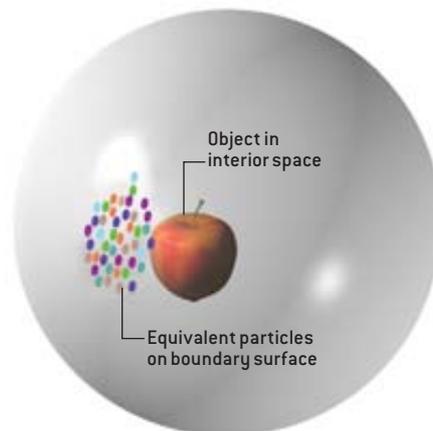
## CONJURING A DIMENSION

Holographic theory describes how quarks and gluons interacting on the boundary of an anti-de Sitter space could be equivalent to particles in the higher-dimensional interior of the space.

Quarks and gluons on the spherical surface of the anti-de Sitter space interact to form strings of various thicknesses. A holographic interpretation of those strings is that in the interior space they represent elementary particles (which are also strings) whose distance from the boundary corresponds to the string’s thickness.



Clouds of quarks and gluons on the boundary surface can thus describe equivalent complex objects (such as this apple) in the interior. The advantage of this holographic theory is that the interior objects experience gravity even though a distinct gravitational interaction does not exist on the surface.



might be a single particle of some type, corresponding on the boundary to a whole collection of particles of another type, considered as one entity. Second, the predictions for corresponding entities must be identical. Thus, if two particles have a 40 percent chance of colliding in the interior, the two corresponding collections of particles on the boundary should also have a 40 percent chance of colliding.

Here is the equivalence in more detail. The particles that live on the boundary interact in a way that is very similar to how quarks and gluons interact in reality (quarks are the constituents of protons and neutrons; gluons generate the strong nuclear force that binds the quarks together). Quarks have a kind of charge that comes in three varieties, called colors, and the interaction is called chromodynamics. The difference between the boundary particles and ordinary quarks and gluons is that the particles have a large number of colors, not just three.

Gerard 't Hooft of Utrecht University in the Netherlands studied such theories as long ago as 1974 and predicted that the gluons would form chains that behave much like the strings of string theory. The precise nature of these strings remained elusive, but in 1981 Alexander M. Polyakov, now at Princeton University, noticed that the strings effectively live in a higher-dimensional space than the gluons do. As we shall see shortly, in our holographic theories that higher-dimensional space is the interior of anti-de Sitter space.

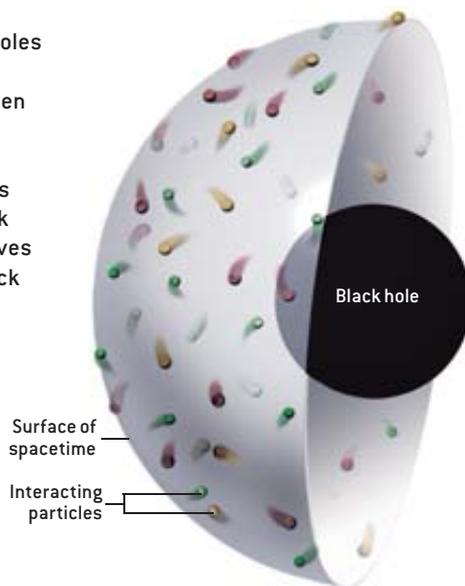
To understand where the extra dimension comes from, start by considering one of the gluon strings on the boundary. This string has a thickness, related to how much its gluons are smeared out in space. When physicists calculate how these strings on the boundary of anti-de Sitter space interact with one another, they get a very odd result: two strings with different thicknesses do not interact very much with each other. It is as though the strings were separated spatially. One can reinterpret the thickness of the string to be a new spatial coordinate that goes away from the boundary.

Thus, a thin boundary string is like a string close to the boundary, whereas a thick boundary string is like one far away from the boundary [see box on preceding page]. The extra coordinate is precisely the coordinate needed to describe motion within the four-dimensional anti-de Sitter spacetime! From the perspective of an observer in the spacetime, boundary strings of different thicknesses appear to be strings (all of them thin) at different radial locations. The number of colors on the boundary determines the size of the interior (the radius of the Escher-like sphere). To have a spacetime as large as the visible universe, the theory must have about  $10^{60}$  colors.

Thus, the holographic correspondence is not just a wild new possibility for a quantum theory of gravity. Rather, in a fundamental way, it connects string theory, the most studied approach to quantum gravity, with theories of quarks and gluons, which are the cornerstone of particle physics. What is more, the holographic theory seems to provide some insight into the elusive exact equations of string theory. String theory was actually invented in the late 1960s for the purpose of describing strong interactions, but it was later abandoned (for that purpose) when the theory of chromodynamics entered the scene. The correspondence between string theory and

## UNDERSTANDING BLACK HOLES

Physicist Stephen W. Hawking showed in the 1970s that black holes have a temperature and give off radiation, but physicists since then have been deeply puzzled. Temperature is a property of a collection of particles, but what is the collection that defines a black hole? The holographic theory solves this puzzle by showing that a black hole is equivalent to a swarm of interacting particles on the boundary surface of spacetime.



It turns out that one type of gluon chain behaves in the four-dimensional spacetime as the graviton, the fundamental quantum particle of gravity. In this description, gravity in four dimensions is an emergent phenomenon arising from particle interactions in a gravityless, three-dimensional world. The presence of gravitons in the theory should come as no surprise—physicists have known since 1974 that string theories always give rise to quantum gravity. The strings formed by gluons are no exception, but the gravity operates in the higher-dimensional space.

chromodynamics implies that these early efforts were not misguided; the two descriptions are different faces of the same coin.

Varying the boundary chromodynamics theory by changing the details of how the boundary particles interact gives rise to an assortment of interior theories. The resulting interior theory can have only gravitational forces, or gravity plus some extra force such as the electromagnetic force, and so on. Unfortunately, we do not yet know of a boundary theory that gives rise to an interior theory that includes exactly

the four forces we have in our universe.

I first conjectured that this holographic correspondence might hold for a specific theory (a simplified chromodynamics in a four-dimensional boundary spacetime) in 1997. This immediately excited great interest from the string theory community. The conjecture was made more precise by Polyakov, Stephen S. Gubser and Igor R. Klebanov of Princeton and Edward Witten of the Institute for Advanced Study in Princeton, N.J. Since then, many researchers have contributed to exploring the conjecture and generalizing it to other dimensions and other chromodynamics theories, providing mounting evidence

hole in an anti-de Sitter spacetime, we now know that quantum mechanics remains intact, thanks to the boundary theory. Such a black hole corresponds to a configuration of particles on the boundary. The number of particles is very large, and they are all zipping around, so that theorists can apply the usual rules of statistical mechanics to compute the temperature. The result is the same as the temperature that Hawking computed by very different means, indicating that the results can be trusted. Most important, the boundary theory obeys the ordinary rules of quantum mechanics; no inconsistency arises.

Physicists have also used the holo-

nary analysis of these experiments indicates the collisions are creating a fluid with very low viscosity. Even though Son and his co-workers studied a simplified version of chromodynamics, they seem to have come up with a property that is shared by the real world. Does this mean that RHIC is creating small five-dimensional black holes? It is really too early to tell, both experimentally and theoretically. (Even if so, there is nothing to fear from these tiny black holes—they evaporate almost as fast as they are formed, and they “live” in five dimensions, not in our own four-dimensional world.)

Many questions about the holo-

## So far no example of the holographic correspondence has been rigorously proved—the mathematics is too difficult.

that it is correct. So far, however, no example has been rigorously proved—the mathematics is too difficult.

### Mysteries of Black Holes

HOW DOES THE holographic description of gravity help to explain aspects of black holes? Black holes are predicted to emit Hawking radiation, named after Stephen W. Hawking of the University of Cambridge, who discovered this result. This radiation comes out of the black hole at a specific temperature. For all ordinary physical systems, a theory called statistical mechanics explains temperature in terms of the motion of the microscopic constituents. This theory explains the temperature of a glass of water or the temperature of the sun. What about the temperature of a black hole? To understand it, we would need to know what the microscopic constituents of the black hole are and how they behave. Only a theory of quantum gravity can tell us that.

Some aspects of the thermodynamics of black holes have raised doubts as to whether a quantum-mechanical theory of gravity could be developed at all. It seemed as if quantum mechanics itself might break down in the face of effects taking place in black holes. For a black

graphic correspondence in the opposite direction—employing known properties of black holes in the interior spacetime to deduce the behavior of quarks and gluons at very high temperatures on the boundary. Dam Son of the University of Washington and his collaborators studied a quantity called the shear viscosity, which is small for a fluid that flows very easily and large for a substance more like molasses. They found that black holes have an extremely low shear viscosity—smaller than any known fluid. Because of the holographic equivalence, strongly interacting quarks and gluons at high temperatures should also have very low viscosity.

A test of this prediction comes from the Relativistic Heavy Ion Collider (RHIC) at Brookhaven National Laboratory, which has been colliding gold nuclei at very high energies. A prelimi-

graphic theories remain to be answered. In particular, does anything similar hold for a universe like ours in place of the anti-de Sitter space? A crucial aspect of anti-de Sitter space is that it has a boundary where time is well defined. The boundary has existed and will exist forever. An expanding universe, like ours, that comes from a big bang does not have such a well-behaved boundary. Consequently, it is not clear how to define a holographic theory for our universe; there is no convenient place to put the hologram.

An important lesson that one can draw from the holographic conjecture, however, is that quantum gravity, which has perplexed some of the best minds on the planet for decades, can be very simple when viewed in terms of the right variables. Let's hope we will soon find a simple description for the big bang! 

### MORE TO EXPLORE

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